#### **Gender Affirming Care Information Sheet: N.W. Washington State**

#### **Gender-Affirming Care: Minors:**

Washington state does not have laws restricting gender-affirming care for minors, and the state has laws like <u>Senate Bill 5599</u> that aim to improve access to these services. While federal actions have sought to block this care, Washington is not among the states with restrictive laws and actively supports access to care. Legal challenges, like a lawsuit against an executive order aimed at blocking this care, highlight the ongoing debate over federal versus state authority.

**Shifting access:** As bans on gender-affirming care sweep the country, medical providers have become increasingly hesitant to speak out on the topic — many are worried about experiencing threats, putting their safety in jeopardy or becoming targets of the Trump administration. In Washington, health care institutions that have provided this care for youth either offer vague explanations for the changes in gender-affirming services, or refuse to discuss the subject. Advertising

At Seattle Children's, home to one of the state's busiest gender clinics, patients reported in February that the hospital had paused at least some gender-affirming surgeries.

After state Attorney General Nick Brown sued the Trump administration over the executive order that halted federal money — including grants and Medicaid — a judge in Seattle granted an injunction that preserved the funding. Children's appeared to reschedule procedures.

But, a couple of months later, patients said their surgeries had been paused again, The Stranger reported.

Seattle Children's media relations office declined to answer questions regarding the current status of care. As of this month, a few patients confirmed with The Seattle Times that their prescriptions for gender-affirming medication — like hormone therapy and puberty blockers — were renewed over the summer, but Children's will not say if it continues to offer surgeries.

The hospital no longer lists surgeries on its gender clinic website, which used to include details about a variety of services offered.

A Seattle parent of a nonbinary 16-year-old said he and his child's mother experienced some delays earlier this year when trying to schedule their teen's next puberty blocker appointment with Children's. When they asked why, they weren't given a clear reason.

"They perform a lifesaving service to kids in this city and the state," the parent, who is in his 50s, said of Children's. "For that, they're a solid organization. And I do think they're between a rock and a hard place."

At the same time, he said he's lost some trust in the hospital, and he and his child's mom worry about losing access to their child's care in the future.

"We've looked at how we can stockpile and ration their medication, so that even if there's an issue, we have a plan," he said.

### Where to get Gender Affirming care in WA State:

Does Washington state Medicaid cover gender-affirming care?

Yes. Washington state's Medicaid program is known as Washington Apple Health. Apple Health covers many medically necessary surgical and nonsurgical services for transgender individuals. These include services such as gender-affirming hormones, primary care visits, behavioral health visits, and various surgeries

You can get gender-affirming care in Washington State through specialized clinics like the <u>UW Medicine Transgender & Gender Non-Binary Health Program</u>, <u>Seattle Children's Gender Clinic</u>, and <u>Planned Parenthood</u>. Other options include seeking primary and specialty care at clinics like <u>HealthPoint</u> or looking for affirming providers through your insurance plan's directory. For surgery, you can contact OHSU's Transgender Health Program.

## Specialized clinics

• UW Medicine Transgender & Gender Non-Binary Health Program: Offers comprehensive gender-affirming care in the state.

- Seattle Children's Gender Clinic: Provides gender-affirming medical care and support for adolescents.
- Planned Parenthood: Offers gender-affirming care, including hormone therapy, at various locations, such as the Central District Health Center in Seattle.
- Cascade Integrative Medicine: Located in Issaquah, this clinic provides a range of gender-affirming services, including hormone therapy, consultations, and referrals.

### Other providers and resources

- HealthPoint: This community health center provides gender-affirming care, including referrals for surgeries and behavioral health counseling.
- Primary care providers: Many primary care doctors in the state, including those at Skagit Regional Health, Sea Mar Clinic, and Family Care Network, offer competent and supportive care.
- Surgeons: <u>OHSU's Transgender Health Program</u> offers a full range of gender-affirming surgeries, and other providers can be found through resources like the WPATH provider search.
- Local options in or near Port Angeles:
- Planned Parenthood Port Angeles Health Center: Provides gender-affirming services such as hormone therapy and surgery referrals directly in Port Angeles, according to <u>Planned Parenthood</u>. You can book an appointment or call for more information.
- Jefferson Healthcare: Has a Transgender Navigator, <u>Jackie Levin, RN</u>, who can help you find a primary care provider and local mental health resources.
  - Contact: 360-385-2200 ext. 2235.

# Regional options for specialized care:

OHSU Transgender Health Program (Portland, OR): Offers a full range of gender-affirming surgeries and can help with navigation and support, notes OHSU. Washington State Health Care Authority: Can help you find a Medicaid provider specializing in transgender health, notes Wellpoint.

How to find a provider: Use your insurance provider's tools: Search online directories from companies like <a href="Premera Blue Cross">Premera Blue Cross</a> and look for "LGBTQIA+ affirming" or "gender affirming" providers.

Check state resources: The <a href="Washington State LGBTQ Commission">Washington</a> and the <a href="Washington">Washington</a>

Health Benefit Exchange provide information on accessing care in the state.

\*\*\* This is an info sheet compiled from online data as of 12/3/2025 and is not claiming to be complete or without errors. For legal info, please use a more appropriate source. ~ OUUF Social Action Committee for LBTQ+: Current gender-based health care information